



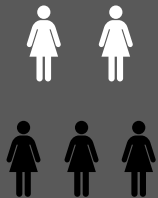
# PASTORAL REVITALIZATION PROGRAM

## WHAT IS PLR?

An Omaha Presbyterian Seminary Foundation program whose purpose is to increase pastoral resilience and adaptive leadership by:

- providing dynamic continuing education through retreats/gatherings and peer-to-peer learning cohorts
- creating a network of support of and for pastoral leaders within the presbyteries served by the program.

## Why does Pastoral Revitalization Leadership matter?



PASTORS WHO  
CONSIDERED QUITTING  
MINISTRY IN THE LAST 12  
MONTHS



PASTORS WHO SAY  
FATIGUE IS A PART OF  
THEIR DAILY EXPERIENCE

## PLR SUPPORTS CHURCH LEADERS WITH A 3-YEAR PROGRAM



### 3-PRONGED APPROACH



#### Monthly Coaching or Spiritual Direction

Participants may choose 12 sessions/yr of 1:1 coaching or spiritual direction



#### Annual Retreat or Gathering

An annual retreat or gathering in each chapter area with dynamic preaching, continuing education, and community building at an affordable rate.



#### Peer-to-Peer Learning Cohort

Small group peer-to-peer learning cohorts created around areas of interest which may cross chapter lines

PLR is in covenant with clergy/CREs in parish ministry, their congregation, & presbytery

COST	Year 1	Year 2	Year 3
<b>*Participant</b>	\$100	\$200	\$250
<b>Presbytery</b>	\$100	\$200	\$250

\*This is average cost per participant. Actual costs are increased or decreased based on congregation size and continuing education budget. Cost per year covers all coaching, learning cohort, and retreat expenses.

# FAQs

## How do I register?

Participants fill out an online application at: <https://opsfomaha.wufoo.com/forms/mtrstxqljl7vc/>. Participants must be an ordained Minister of Word and Sacrament or Commissioned Pastor/Ruling Elder serving in ministry at a PC(USA) congregation.

The flat fee registration fee can be taken online via PayPal at time of registration or commit to mailing a check in to OPSF. Presbyteries will be invoiced per participant in January 2024.

## What are the expectations of participants and presbyteries?

**PLR is a 3-year commitment including monthly coaching/spiritual direction, peer-to-peer learning cohorts, and an annual retreat/gathering** held in the chapter area. While these combined services would cost a pastor over \$2000, PLR offers them at an affordable tiered rate (paid as a flat fee every year by both the participant and presbytery). A payment schedule may be arranged.

In addition to the financial contribution, presbyteries are asked to: (1) provide a liaison to OPSF who will assist with worship leadership at the annual retreat and help with recruitment for PLR and local chapter retreats/gatherings (2) partner with nearby presbyteries in the Kansas-Missouri Chapter, and (3) pay any additional fees for retreats that have less than 20 attendees.

## What is the purpose of the retreat or gathering?

Education is a key component of adaptive leadership, and creating opportunities to network with area pastors supports those in parish ministry. Annual retreats/gatherings are about **learning skills and building community** within your chapter area.

**A Retreat** is an intimate continuing education experience typically held at a local conference or camp center in your chapter area. A retreat leader will provide an overarching theme and professional instruction during the four-day experience, with gifted local presbytery leaders shaping the worship experience.

**Annual Gatherings**, in collaboration with OPSF, are conference-styled events held in bigger cities and at hotels or conference centers. Gatherings include dynamic worship, expert keynote leadership, workshops around key themes, and would draw regional participation. (PLR members follow their own track within the event.)

## What are peer-to-peer learning cohorts?

PLR offers small group cohorts based on areas of interest, which may cross chapter lines. PLR participants and/or presbyteries may also apply to create their own peer-to-peer learning cohort.

## Can participants change between coaching and spiritual direction?

Yes! At the beginning of each year in PLR, participants may choose between working with a coach or spiritual director. Each year offers another opportunity to continue on that same path or pursue the other option.

## What happens at the end of 3-year program?

At the end of 3 years, participants receive a Certificate of Completion. They may choose to fully graduate out of the program or choose to continue in PLR as an alum. Alumni are able to attend retreats/gatherings and continue in peer-to-peer learning cohorts for a reduced rate. Anyone may register for a retreat/gathering regardless of PLR participant status.

## I want to sign up! What do I need to do next?

If you are an individual in a participating presbytery, contact Tricia Dillon Thomas, OPSF's Director of Programs, who will help you with next steps OR apply by registering online at the link listed above.

If you are a presbytery, committee, congregation or individual looking to learn more about PLR, please contact OPSF's Director of Programs, Rev. Tricia Dillon Thomas to schedule a meeting. She is happy to present at session, committee, or presbytery events or schedule one-on-one meetings to share about the program.